Muhlenberg Elementary Center and CE Cole

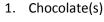
K-6 Snack Options

For the health, wellness and safety of all students, beginning 2013-2014 school year, the following lists provide guidelines to strictly approved snacks permitted to be brought into Muhlenberg Elementary Center and CE Cole for student consumption. This list is exclusive to snacks intended to be shared with other students. Individual student snacks and lunches that are not shared are exempt from this list.

***APPROVED SNACK OPTIONS**

NOT APPROVED SNACKS

- Fresh/Dried fruit
 Fresh vegetables
- 3. Pretzels (individual serving bag)
- 4. Soft Pretzels
- 5. Goldfish[™] crackers (individual serving bag)
- 6. Graham crackers
- 7. String cheese
- 8. Popcorn (individual serving bag)
- 9. Granola bars (peanut free only)
- 10. Yogurt
- 11. 100% fruit juice drinks, bars, strips, etc.
- 12. Fat-free milk
- 13. Baked chips (individual serving bag)
- 14. Cheez-its (individual serving bag)
- 15. Fig/Fruit Newtons™
- 16. Tortilla chips and salsa
- 17. Sugar-free Jell-O^M/Pudding
- 18. Dried cereal
- 19. Pre-packaged cheese & crackers
- 20. Animal <u>Crackers</u>
- 21. Yogurt-covered raisins
- 22. Single-serving fruit cups
- 23. Others approved by School Principal



- 2. Candy
- 3. Cake products
- 4. Soda
- 5. Cookies
- 6. Gum
- 7. Donuts
- 8. Juice drinks not 100% fruit juice
- 9. Popsicles
- 10. Ice Cream
- 11. Animal Cookies
- 12. Granola Bars w/chocolate or nuts
- 13. Any homemade items
- 14. Any product(s) with nuts



Notes:

*All pre-packaged items must have manufacturer's list of ingredients available for review

Muhlenberg - Excellence in Action: Equipping, Engaging, Empowering!